



Mental Health Strategies to Support a Thriving Business Culture

Do you know the impact of Mental Health on Canadian businesses?



Over 7 million people in Canada are presently living with a mental health problem or illness



One in five people in Canada experiences a mental health problem or illness every year



Mental health costs the Canadian economy at least \$50 billion per year with at least **\$6 billion in lost productivity** from absenteeism, presenteeism and turnover

Why do you need to improve Mental Health Awareness in the workplace now?

Benefits	
Improved Productivity	Lower Absenteeism
Increased Retention	Better Talent Attraction
Higher Employee Engagement	Sustained Reputation

Creating a Workplace Culture that Fosters Psychological Health and Safety

- Content and facilitation style reflects your core values, current employment legislation, and the best practice framework of the National Standard for Psychological Health & Safety (PH&S).
- Leverages Prompta's deep expertise in creating thriving workplace cultures.
- Interactive activities address key areas of challenge and opportunity within your organization
- Topics are tailored for your business culture and presented to leaders and employees at all levels of the organization that elicits authentic & meaningful discussion.
- Interactive activities and discussions help you to develop or further strengthen strategies to support mental health at work.

Nicolette Mapplebeck, CHRL certified HR Executive Leader, and Stephanie Woodward, Certified Psychological Health & Safety Advisor, are your workshop facilitators. They ensure the content and facilitation style reflects your core values, current employment legislation, and the best practice framework of the National Standard for Psychological Health & Safety (PH&S).

Our clients include



Company Details

Founded: 2008
DUNS #: 203363536
NAISC Codes: 541611, 541612, 541614, 541618, 541790, 541720
SIC: 8742
UNSPEC: 60105421, 80101502, 80101508, 80101511, 80172103, 81101516, 86132001, 86132201
LGBTE Cert: CGLCC050916, NGLCC #185

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2018 Canadian LGBT+ Business Enterprise of the Year